



FASTPITCH PREP

Complete Hitting Clinic

The Mental Game of Hitting

Instruction in the Mental and Physical Elements of Hitting

Sports Performance Coach Tonya Carlisle

Hitting Instructor Don McKinlay

Hitting Instructor Tory Acheson

Sunday October 21 2018

4 – 7 PM

Elite Sports Training Academy

905 Grayson Highway

Lawrenceville GA 30046

\$75 per player.

Pre-registration \$50 (by October 1)

Includes T-shirt.

Space is Limited to 30 athletes! Register today!

The Complete Hitting Clinic will take your hitting to a higher level. You will learn to use proven performance mental training techniques to improve your game. Coach Carlisle will teach each player ways to improve their focus, confidence and consistency through the use of routines, visualization and positive self-talk.

Each player will then have the opportunity to put these new skills to work as they take their cuts during a hitting clinic with Coach Don and Coach Tory. You will get additional feedback from Coach Carlisle and our staff as you practice the mental skills while also learning from our hitting instructors in a practice setting.

The Complete Hitting Clinic will take your game to a whole new level.

Athlete Name: _____

H.S. Graduating class: _____ Age: _____

High School: _____

Parent Names: _____

E-mail address: _____

(Please include your e-mail. All correspondence will be via e-mail. We will not share your e-mail with any other parties.)

Please fill out and mail to:

Fastpitch Prep
905 Grayson Highway, Lawrenceville GA 30046

Make Checks payable to Fastpitch Prep.

Sorry, no refunds! A camp credit slip will be issued in the event you cannot attend the clinic. The credit can be used at any future Fastpitch Prep/Championship Softball Camps event

On-line registration is available at: championshipsoftballcamps.com

Please contact us at:

470-328-2050

fastpitchprep@gmail.com

If you have any questions or need additional information.

Fastpitch Prep/Championship Softball Camps Release and Waiver of Liability

I understand that playing or participating in the sport of softball to be a potentially dangerous activity involving risk of injury. I understand that in any sport, such as the sport involved at this camp, an athletic participant can be seriously injured. I am aware that the dangers and risks of my child's/ward's playing or participating in the above sport include, but are not limited to, falls, contact or collisions with other participants, equipment and facilities. I have certified to the director, by my signature below, that my child is in good health and physical condition and sufficiently able to participate in the above sport and the camp. I have advised the director of any limitations on my child's/ward's activities for medical reasons in writing below. Knowing and having been informed of the potential dangers and risks associated with playing the above sport, and in consideration of my child/ward being allowed to participate in the camp, I hereby agree on behalf of myself, my family members and my child/ward to assume all such risks and, further, to waive, release, discharge and hold harmless the Fastpitch Prep/Championship Softball Camp, its director and their respective employees from any and all liability, actions, causes of actions, claims or demands for personal injury and/or illness of any kind or nature, and any other claims whatsoever arising out of, or in any way connected with, my child's/ward's playing and participating in the above sport and camp. I fully understand that the camp participant will be held responsible for all property damage. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

I hereby consent to permit the coach and staff working at the Fastpitch Prep/Championship Softball Camp to provide emergency first-aid or medical treatment for my child/ward, according to their best judgment, in the event he/she suffers an injury or illness while participating in the camp or on the camp premises.

The camp is not responsible for personal items that are lost, stolen or damaged. I also understand that pictures taken at camp may be used in any promotional materials.

Camper's Name _____

Allergies _____

Other _____

Parent or Legal Guardian Signature _____

Date _____

Please fill out and return with registration.

THE **Fastpitch Prep** PHOTO RELEASE FORM

I hereby grant **Fastpitch Prep** permission to use my likeness in a photograph, video, or other digital media (“photo”) in any and all of its publications, including web-based publications, without payment or other consideration.

I understand and agree that all photos will become the property of the **Fastpitch Prep** and will not be returned.

I hereby irrevocably authorize the **Fastpitch Prep** to edit, alter, copy, exhibit, publish, or distribute these photos for any lawful purpose. In addition, I waive any right to inspect or approve the finished product wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photo.

I hereby hold harmless, release, and forever discharge the **Fastpitch Prep** from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

I HAVE READ AND UNDERSTAND THE ABOVE PHOTO RELEASE. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENTS/GUARDIANS AS EVIDENCED BY THEIR SIGNATURES BELOW. I ACCEPT:

Print Name

Signature

Date

If under 18, A PARENT MUST SIGN

Individually and as Parent and/
Legal Guardian

Date

Individually and as Parent and/
Legal Guardian

Date